

Community Program

The Community Social Worker acts as a liaison and support in conjunction with schools, Child & Family Services and other parenting supports in order to assist the women coming out of Villa Rosa and going into the community to access programs in the community.

She also offers support, counseling, crisis management, budgeting and information on child development and parenting issues.

Our Mission

Villa Rosa provides support to mothers, babies and their families during and after pregnancy.

Our Vision

Capable mothers, healthy babies, thriving families.

Our Values

Respect and dignity

We honour and embrace all people and provide services in a culturally appropriate manner.

Empowerment

We appreciate the abilities of each individual and encourage potential through education and support.

Family

We understand that a healthy child is best nurtured in a healthy family, whatever its composition.

Healthy Living

We encourage choices that promote healthy, safe and non-violent families.

Villa Rosa Inc.
784 Wolseley Avenue
Winnipeg MB R3G 1C6
(204) 786-5741
1-866-643-0733
info@villarosa.mb.ca
www.villarosa.mb.ca

Villa Rosa

A Caring Place for Moms and Babies



784 Wolseley Avenue

Winnipeg MB R3G 1C6

Toll-Free 1-866-643-0733

Our Services

Villa Rosa provides services and supports to women who are pregnant (or, on occasion, have recently given birth) in a safe and nurturing environment.

Funding through the Province of Manitoba and the United Way allows Villa Rosa to provide services at *no cost to the recipient*.

Admission information

Please arrange a pre-admission appointment and tour with the Intake Social Worker at (204) 786-5741, extension 223 or email intake@villarosa.mb.ca

Residential Program

- A quiet place in the centre of the city
- Close to hospitals
- Pre-natal classes and exercise program
- Labour preparation
- Volunteer labour companions/doulas
- Breastfeeding support
- Child development and parenting program
- In-house schooling by Winnipeg School Division
- Cultural, spiritual and self-awareness
- Counseling
- Support groups
- Decision-making
- Anger management
- Independent living skills
- Budgeting
- Adoption support
- Awareness and use of community resources
- Leisure activities: crafts, pottery, knitting, sewing, crocheting, etc.
- Special events
- Activity volunteers
- Employment preparation
- Career counseling

Post-Natal Program

The Post-Natal House provides support and accommodation to 8 women and their babies (under the age of 1 year) for a minimum of 3 months while they are preparing to live independently.

This program offers support and assistance with the skills needed to live on your own with a baby, such as cooking, budgeting, grocery shopping and cleaning.

A staff person is available through the night for support with a crying baby or other issues.

Day Program

Women who do not live at Villa Rosa may be eligible to attend the Day Program. Please contact the Intake Social Worker for information at (204) 786-5741, extension 223 or email intake@villarosa.mb.ca.